

Pacific Northwest History and Cultures Why Do the Foods We Eat Matter?

"Our ancestors traded land for us to have access to our foods. That was our very first conversation when we were signing treaties. It was about access to all the elk, berries, the roots, the medicine, the cedar, the fir trees—those things were our number one priority."

Valarie Segrest (Muckleshoot), NMAI Interview, August 2016

The Native cultural practices and values of sustaining life for future generations were at the heart of the treaty negotiations between Native Nations of the Pacific Northwest and the United States.